



Shifa Inter-Scholastic Tournament 2015

Pakistan's Biggest Islamic Event for the Youth



**UNITED
WE BOW**

WHAT BINDS US IS STRONGER THAN WHAT DIVIDES US

RULE BOOK

"Hold firmly to the rope of Allah all together,
And do not become divided."
- Qur'an 3:103

7th - 8th Feb' 15
Faisal Mosque &
Convention Centre
Islamabad

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GENERAL RULES

1. **All competitive events will be held on Day 1 – February 7th, 2015 – at Faisal Mosque.** Day 2 will comprise of talks by Islamic speakers and scholars on issues relevant to the SIST 2015 theme – United We Bow – what binds us is stronger than what divides us.
2. All participants must arrive in time for their competitions as well as strictly observe the time limits dictated by their respective competitions.
3. Bonus points shall be awarded to teams that attend the opening ceremony. Points shall not be awarded if any member of the team is absent.
4. All participants must attend the talks on day 2 in the Convention Centre. There will be 3 attendances on day 2. All participants are required to get at least 2 of their attendances marked at the registration counter. Failure to do so will result in deduction of 5 points for each attendances.
5. 20 Bonus points will be awarded to those participants who get all 3 of their attendances marked.
6. All participants must behave in a proper and civil manner at all times, as befits a Muslim.
7. All participants are requested to observe Islamic dress code during SIST.
8. While the SIST organizing committee tries its utmost, it will not be possible to manage gender segregation in all the competitive events. In such events, participants are required to maintain segregation on their own, as much as possible.
9. The judges' decisions in all cases are binding and indisputable.
10. Participants who compete in two events with overlapping timings must contact their Team Managers– via the Team Leader – and coordinate with them with regards to which half of each event they will be attending. The Team Manager shall then notify the respective Event Managers.
11. Violation of any of the rules may result in deduction of points or disqualification from the competition.
12. If you are unable to understand the rules or are facing difficulty in affording the materials required for a particular competition, you should contact your Team Manager a week before SIST.

Category 1: The Arts

GENERAL GUIDELINES

1. All the judging ballots for this category are given on pages 11 to 17 and participants are encouraged to go over them before they start their artwork so that they are aware of the points that the judges will be looking for.
2. All the artwork should be directly or indirectly related to this year's theme.
3. **Depiction of human or animal figures is not allowed in any form except for silhouettes or shadows.** Plants, landscape and inanimate objects are allowed. However, ready-made models/art will not be entertained.
4. No artwork should be representing or promoting any particular organization or brand name.
5. All artwork must be clearly **labeled** on the back with the name of the participant and the names of the institution and team represented by the participant.
6. All participants are expected to submit an explanation of their artwork (a maximum of 500 words) in every event which should include what is being depicted, the inspiration behind making that particular idea and its relevance to this year's theme.
7. In case the artwork is in a language other than English, the participants are expected to include the translation in the explanation to be submitted.
8. No more than Rs. 2500 should be used for the total material used in an individual competition.
9. All the artwork made by the participants will be considered to be under the possession of the **SIST organizing committee** and they will have complete authority to use them as they deem appropriate with the credit of the artwork given to the artist.
10. In case any participant wants to take the artwork back with them, they will be required to inform the event managers any time **before the end of that particular event.**
11. Those participants who have informed the event managers that they will be taking their artwork back will be required to collect it **from the registration/information counter** at the end of Day 1 – that is, February 7th.
12. Scroll down to the end of this section to view the judging ballots for each individual competition.



COMPETITION GUIDELINES

ART ON THE SPOT

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. Participants will be required to start and complete their artwork any time between 9 am and 1 pm on Day 1 – February 7th, 2015.
3. Brainstorming, planning (including sketches) and purchasing the necessary material **must be done before** the start of the event.
4. The SIST organizing committee will not be providing any material and there will be no facility of purchasing any material at the venue. Failure to bring your own material will result in disqualification.
5. Acceptable media include but are not limited to watercolors, oil paints, crayons, mixed media, chalks, pastels, charcoal etc.
6. The judges may arrive during the course of the competition to inspect your work and guide you in the right direction. However, this is subject to the availability and schedule of the judge.
7. Each participant will be interviewed by the judges for 5 minutes regarding the artwork. The judges reserve the right to increase or decrease the time of the interview in accordance with how much explanation is required.

3D ART

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. All submissions must be three dimensional (in the literal sense). Graphic designing is not included in this category.
3. Artwork should be placed on a board for easy transport. The board should be of a material sturdy enough to hold the artwork in place even while transporting. The participants will be required to bring their own boards. The SIST organizing committee is not responsible for providing it and there will be no facility of purchasing it at the venue.
4. The artwork might require carrying around so it should be robust enough to handle it. The SIST organizing committee will not be responsible for any damage incurred while carrying. The artwork will be judged as presented regardless of whatever damage is incurred.

POSTER COMPETITION

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. The dimensions of the paper used should be a minimum of **22 x 28 inches** and a maximum of **24 x 36 inches**. The dimensions of the paper should also be specified in the explanation submitted.
3. Acceptable means of drawing/painting include but are not limited to pencils, crayons, watercolors, oil paints or computer drawings. A mixture of these (or other) means is also acceptable.
4. Posters should only be 2 dimensional and no elevation will be allowed.
5. The topic of the poster should be clearly stated on it. This is in addition to what is supposed to be submitted in the explanation.
6. The method of execution is also to be mentioned in the explanation submitted in addition to what has already been specified.
7. The poster is to be submitted on **Day 1** of the competition. Failure to do so will lead to disqualification.

STORIES FOR YOUNG HEARTS

1. Only **one entry per team** is allowed.
2. Entry can be made either by a single person or in a group of two.
3. The objective of this competition is to help kids, aged 4-12 years, understand their deen in a form that seems appealing to them so the book should be designed as such.
4. All submissions should be in PDF form.
5. All entries must be emailed two weeks prior to the event, i.e. January 24th.
6. The story must not be longer than 4000 words and should not be plagiarized or published (in a book form) before.
7. Title of the book can be of the participants' choice and does not necessarily have to be directly linked to this year's theme. However, the story should be directly or indirectly linked to this year's theme.

CALLIGRAPHY

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. All artwork must be submitted on paper with no restrictions on the type of paper to be used.
3. The dimensions for the paper should not exceed 22 x 28 inches (i.e. standard chart paper size) or be less than the A4 size. The use of frames is optional and is entirely up to the participant. However, the SIST organizing committee will not be providing it nor will there be any facility for purchasing it at the venue.
4. A maximum of 5 verses of the Qur'an may be used in one artwork. However, if the verses are very short, the text equivalent to the length of 5 average sized verses may be used.
5. All entries are required to be submitted on Day 1.
6. The artwork can include pictures or designs to complement the calligraphic work (**as long as it does not depict human or animal figures**). However, the calligraphy should appear to be the main focus of work.
7. Any artwork that emphasizes pictures or designs over the calligraphy will not be considered eligible.
8. Participants should use known Arabic calligraphic scripts (e.g. Nastaleeq, Thuluth, Naskh, Kufic, Ruqa'h, etc.) for their artwork. The calligraphic script must display uniformity, proportionality and consistency of lettering in accordance with the original text.

PHOTOGRAPHY

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. The photographs can either be taken specifically for this event or could be photographs taken in the past. However, they should not have already been used in a previous competition.
3. The photographs submitted should be a maximum of one photo of dimensions **8 x 10 inches** or two photos of dimensions **5 x 7 inches** each.
4. All entries are required to be submitted on **Day 1**.
5. Submission of edited photographs will lead to disqualification. However, the photographs may be enlarged as long as the picture does not become grainy or lose detail which could lead to the deduction of points.

ANASHEED

1. The participants have a choice of registering individually or in groups.
2. In case of groups, no more than **4 members per team** will be allowed to register.
3. No more than **1 performance** will be allowed per team.
4. There will be **separate competitions** for brothers and sisters. The sisters' competitions will only be open to sisters while the brothers' competitions will be open for all.
5. There is no restriction on the language used. However, in case of a language other than English or Urdu, the participant will be expected to submit a written translation.
6. The participants are not expected to submit a written explanation. However, they will be interviewed by the judges after their performances.
7. Extra points will be awarded for original compositions. However, the participants may perform the work of other artists.
8. No more than **5 minutes** will be allowed for each performance. Exceeding the time limit will result in deduction of points.
9. No musical instruments will be allowed with the performance. Similarly, beatboxing or other sound effects similar to the sounds of musical instruments will also not be allowed. However, humming and other sound effects dissimilar to the sounds of musical instruments are allowed.

SHORT FILM

1. Only **one entry per team** is allowed.
2. Entry can be made either by a single person or in a group of a maximum of six.
3. The entries submitted should be **original** and specifically made for this competition. Entries previously awarded or publicly exhibited will not be acceptable.
4. No entry should exceed **7 minutes**. Exceeding this time will result in deduction of points.
5. Acceptable categories of film include but are not limited to real movie, animation, short commercial and picture movie.
6. **No sounds of musical instruments** will be allowed in any form. Entries containing sounds of musical instruments will result in disqualification. However, sounds from nature, such as birds, wind, rainfall, thunder etc., sound effects, such as whoosh, swoosh, bomb blast, type writer etc., or any other sounds not related to musical instruments are allowed.
7. **Intermixing of sexes is not encouraged**. However, if the need of showing males and females together arises, effort should be made to do it among mahrams although the interaction should be limited to conversation.
8. Films submitted may be comic or dramatic. Comic films may target those cultural practices which have no basis in Islam. However, it should be made sure that the practice being targeted has no basis in Islam. Targeting practices which have a basis may result in deduction of points or disqualification.
9. Promotion of non-Islamic values or cultures will not be tolerated. However, constructive criticism will be allowed.
10. Use of an external mic and/or audio editing software may be used especially for improving the quality of sound.
11. Entries should have subtitles added.
12. **Inappropriate content of any sort will be disqualified**. Films violating decency of language or the proper Islamic dress code will not be tolerated.
Note: This is not to curtail your creativity; rather it is to ensure a decent and professional environment.
13. **No personal attack on any individual or organization** should be directly or indirectly made.
14. No particular individual, group or organization should be promoted through the film.
15. The entries should be emailed at least **1 week prior** to the event, i.e. 31st January.
16. Groups may be interviewed by the judges in order to explain their video if required. This is in addition to the submission of a written explanation.



JUDGING BALLOTS

ART JUDGING BALLOT

To be used for Art on the Spot and 3D Art competitions.

CRITERIA	POINTS
IDEA: Unique & Meets Guidelines	/20
EXECUTION: Artwork clearly communicates the idea/inspiration	/20
RELEVANCE: Is the theme expressed in a unique way?	/20
PROPER HANDLING OF THE MEDIUM USED: Visual Balance & Selected Colors	/20
ARTWORK ITSELF: Artwork makes a visual impact and stands out on its own as a complete work of art	/20
INTERVIEW	/20
TOTAL POINTS	/120

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

POSTER JUDGING BALLOT

CRITERIA	POINTS
ARTISTIC MERIT: Use of color, quality of drawing, poster design & layout	/10
MESSAGE: Motivation & Informative	/20
ORIGINALITY & CREATIVITY: Unique, Clever & Creative Design	/10
NEATNESS: Free of spelling & grammatical errors and stray marks	/10
TOTAL POINTS	/50

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

STORYBOOK JUDGING CRITERIA

CRITERIA	POINTS
CREATIVITY & ORIGINALITY	/10
RELEVANCE TO THE THEME	/10
STORY IS CLEAR & EASY TO FOLLOW	/10
COVER DESIGN	/10
DESCRIPTION IN ACCORDANCE WITH QURAN & SUNNAH	/10
TOTAL POINTS	/50

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

CALLIGRAPHY JUDGING BALLOT

CRITERIA	POINTS
IDEA: Unique & Meets Guidelines	/10
EXECUTION: Artwork clearly communicates the idea/inspiration	/10
USE OF SPECIFIC ARABIC CALLIGRAPHIC SCRIPTS: Does it display uniformity, proportionality & consistency of lettering?	/10
RELEVANCE: Is the theme expressed in a unique way?	/10
PROPER HANDLING OF THE MEDIUM USED: Visual Balance & Selected Colors	/10
ARTWORK ITSELF: Artwork makes a visual impact and stands out on its own as a complete work of art	/20
INTERVIEW	/30
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

PHOTOGRAPHY JUDGING BALLOT

CRITERIA	POINTS
PURPOSE & MOTIVATION EXPLAINED	/10
CREATIVITY & EXPRESSION: In what ways does this artwork represent the individual's point of view, imagination & creativity?	/20
PURPOSE: Is there evidence in the photo of the student's effort to achieve the stated purpose?	/10
TECHNIQUE: Were the elements and tools chosen & controlled effectively to enhance the appearance of work?	/10
PERSONAL EXPRESSION: Expression is unique and fully developed to present original concepts in imaginative and inventive ways.	/15
INTEGRATION & EXECUTION	/15
RELEVANCE: Is the theme expressed in a unique way?	/10
WRITTEN EXPLANATION	/20
TOTAL POINTS	/110

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

ANASHEED JUDGING BALLOT

CRITERIA	POINTS
SECTION A 1. Does the participant make use of the stage space (i.e. movements, body language, microphone use etc.)? 2. Performance engages the listener and/or has an emotional impact. 3. Are the lyrics clear? 4. How appropriate is the dressing (i.e. participant's presentation)? 5. Are the members of the group in coordination? In case of solo, simply consider melody?	/30
SECTION B 1. Is the nasheed well written? 2. Is it free from inappropriate content? 3. Does it show originality & creativity?	/10
SECTION C 1. There is strong relevance to the theme 2. Theme is expressed in a unique style/way	/20
TOTAL POINTS	/60

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

SHORT FILM JUDGING BALLOT

CRITERIA	POINTS
OVERALL PERFORMANCE Is the film within the specified time limit (7 minutes)? Interview Participant is appropriately dressed for the interview?	/30
ISLAMIC MESSAGE/CONTENT Could this video be used as an effective dawah tool?	/10
AUDIO & VIDEO Sound is audible & comprehensible Audio matches on-screen activity. No delays between track and on-screen Artistry: Lighting, camera action, framer Clean edits, no flash frames or jump edits First impression (wow factor), special effects Technique: Consider software & effects used Focus Exposure (especially in picture video) The film flawlessly flows from scene to scene	/20
BACKGROUND SOUND EFFECTS Islamic Appropriateness How well it complements the video? Quality Clearness of Sound	/20
SCRIPT/STORY The story is innovative & captivating The story is well told & easy to follow	/20
ACTING All the characters are believable Make-up & costumes are appropriate Facial expressions match the context of the scene	/20
APPLICATION OF THE THEME Purpose of the project gives evidence of research and reflection The theme was expressed in a unique style	/20
TOTAL POINTS	/140

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____



Category 2: Knowledge & Qur'an

COMPETITION GUIDELINES

ISLAMIC JEOPARDY

1. No more than **5 members** can participate in one team formed from the original registered SIST teams.
2. Each team is instructed to select a **team captain**, if the number of participants is more than 1. The team captain will select questions from the jeopardy board after consulting with the other team members.
3. The selection of the teams going first will be randomized and the method of randomization will be entirely the choice of the SIST organizing committee.
4. The teams will be required to be present at the designated jeopardy room/hall at least 10 minutes before the start of the competition. Failure to do so may result in deduction of points.
5. The competition will comprise of 2 rounds. Round 1 will be jeopardy style while round 2 will be a rapid fire session.
6. The guidelines for round 1 are as follows:
 - a. There will be five categories to choose from (based on the syllabus given below). Each category will have a column of point values in increasing order of magnitude. The team captains will select a category and a point value from the jeopardy board, e.g. 'Prophetic Medicine for 300 please'.
 - b. The host/moderator will read out the assigned question behind the selected category and point value. Participants will be required to wait before the complete question is read before answering the question.
 - c. A maximum time of 30 seconds will be allowed for each question. Failure to give a correct response or any response within 30 seconds will lead to the question being passed onto the next team.
 - d. A correct answer will result in the point value being added to the total score of the team. Nothing less than the correct answer will be acceptable and the decision of the answer being correct (in case of confusion) will be entirely the decision of the judge.
 - e. In case the question is passed onto the next team and the team is able to give a correct response within 30 seconds, the point value will be halved and the number added to the score of that team. If the second team fails to answer the question too, the host/moderator will read out the correct answer and proceed with the competition.
 - f. There will be **no negative marking**.
7. The guidelines for round 2 are as follows:
 - a. Questions will be asked over a span of 2 minutes to each team separately.
 - b. Questions asked in this round will require only a simple yes, no or single word answers.
 - c. The team having the greatest number of correct answers in this round will be declared the winner.



SYLLABUS

CATEGORY 1: QUR'AN

Part 1: Stories of the Quran by Ibn Kathir

Link: <http://www.kalamullah.com/Books/StoriesQuran.pdf>

Content Included:

1. Dwellers of the Town
2. Moses and Al-Khadir
3. Story of the Heifer
4. Uzair (Ezra)
5. The Believer & the Disbeliever
6. Story of Luqman
7. People of the Ditch
8. Barsisa the Worshipper (The Renegade)
9. Owners of the Elephant

Part 2: Everyday Lesson from the Qur'an

Link: <http://www.linguisticmiracle.com/>

Content Included:

1. Al-Fajr
2. Al- Balad
3. Ash-Shams
4. Al-Layl
5. Ad-Duhaa
6. Ash-Sharh
7. At Teen
8. Al Alaq
9. Al Qadar
- 10 .Al Asr

Book: Riyadh us Saliheen

Links: <http://www.kalamullah.com/Books/Riyad-us-Saliheen.pdf>
<http://www.sunnah.com/riyadussaliheen>
http://guidedways.com/riadusaleheen/chapter_display.php?book=0&chapter=1

Content Included:

Book 1: The Book of Miscellany:

Chapter 1: Sincerity and Significance of Intentions and all Actions, Apparent and Hidden
Chapter 2: Repentance
Chapter 3: Patience and Perseverance
Chapter 4: Truthfulness
Chapter 5: Watchfulness
Chapter 6: Piety
Chapter 7: Firm Belief and Reliance on Allah
Chapter 8: Uprightness and Steadfastness
Chapter 13: Numerous ways of doing Good
Chapter 15: The Righteous Conduct on Regular base
Chapter 22: Giving Counsel
Chapter 23: Enjoining Good and Forbidding Evil
Chapter 24: Chastisement for one who enjoins good and forbids evil but acts otherwise
Chapter 25: Discharging the Trusts
Chapter 26: Covering faults of the Muslims
Chapter 27: Fulfillment of the needs of the Muslims
Chapter 28: Spending favorite things for Allah's sake

Book 2: The Book of the Etiquettes of Eating:

Chapter 101: Prohibition of Criticizing Food
Chapter 102: Response to an Invitation extended to a Man observing Saum (Fasting)
Chapter 103: What should one say to the Host if an Uninvited Person is accompanied by an Invited Person?
Chapter 104: Eating from what is in front of one
Chapter 105: Prohibition of Eating two Date-fruits Simultaneously
Chapter 106: What should a Person say or do when he Eats but is not Satisfied
Chapter 107: Eating from the Side of the Vessel
Chapter 108: Undesirability of Eating in a Reclining Posture
Chapter 109: Excellence of Eating with three Fingers and Licking them
Chapter 110: Merit of Sharing Food
Chapter 111: Etiquette of Drinking Water
Chapter 112: Undesirability of Drinking directly from the mouth of a Water-Skin
Chapter 113: Undesirability of blowing into the Vessel while Drinking
Chapter 114: Permission to Drink while in a Standing Posture
Chapter 115: Excellence of the Cupbearer drinking last

Book 5: The Book of Greetings

- Chapter 131: Excellence of Promoting Greeting
- Chapter 132: Words to be used for offering Greetings
- Chapter 133: Etiquette of offering Greetings
- Chapter 134: Excellence of Greeting the Acquaintance Repeatedly
- Chapter 135: Excellence of Greeting at the time of entry into the House
- Chapter 136: Greeting the Children
- Chapter 137: Greeting one's Wife and other Women
- Chapter 138: Greeting the non-Muslims and Prohibition of taking an Initiative
- Chapter 139: Excellence of Greeting on Arrival and Departure
- Chapter 140: Seeking Permission to enter (somebody's House) and Manners relating to it
- Chapter 141: Seeking Permission to enter by telling one's Name
- Chapter 142: Saying 'Alhamdulillah' on Sneezing, its reply and Manners relating to Sneezing and Yawning
- Chapter 143: Excellence of Hand shaking at the time of Meeting

Book 8: The Book of Virtues

- Chapter 180: The Excellence of Reciting the Qur'an
- Chapter 181: Warning against forgetting the Qur'an
- Chapter 182: The Merit of Recitation of the Noble in a Pleasant Voice
- Chapter 183: Inducement towards the Recitation of some Special verses and Surah of the Noble
- Chapter 184: Desirability of Assembling for the Recitation of the Noble
- Chapter 185: The Merits of Ablutions (Wudu)
- Chapter 186: The Excellence of Adhan
- Chapter 187: The Excellence of As-Salat (The Prayer)
- Chapter 188: Excellence of the Morning (Fajr) and Asr Prayers
- Chapter 189: The Excellence of Proceeding towards the Mosque Walking
- Chapter 190: The Excellence of waiting for As-Salat (The Prayer)
- Chapter 191: The Excellence of Performing Salat (Prayers) in Congregation
- Chapter 192: Urging to Observe Isha and Fajr Prayers in Congregation
- Chapter 193: Strict Orders for Observance of Obligatory Salat
- Chapter 194: The Excellence of Standing in the First Row (In Salat)



SYLLABUS

CATEGORY 3: HISTORY

Book: Great Women of Islam by Mahmood Ahmad Ghadanfar

Link: <http://www.kalamullah.com/Books/Great%20Women%20of%20Islam.pdf>

Content Included:

1. Khadijah
2. Aishah
3. Hafsa bint Umar
4. Zainab bint Khazeemah
5. Umm Salamah
6. Zainabbint Jahsh
7. Juwairyahbint Harith
8. Fatimah bint Muhammad
9. Fatima bint Asad
10. Summayyah bint Khabat
11. Asma bint Abu Bakr Siddique
12. Umm e Aiman

CATEGORY 4: CURRENT AFFAIRS

News will be included from between dates: 25th December 2014 to 29th January 2015.

Links:

Middle East: <http://www.aljazeera.com/news/middleeast/>

Pakistan and Afghanistan: <http://www.aljazeera.com/news/asia/>

Palestine: <http://english.aljazeera.net/indepth/spotlight/unpalestine/>

CATEGORY 5: ISLAMIC CONTRIBUTIONS

The Rich History of Science and Knowledge in Islam

Links: <http://www.kalamullah.com/ilm00.html>

<http://www.shifastudentsociety.com/the-rich-history-of-science--knowledge-in-islam.html>

Muslim Heritage in Our World

Link: https://archive.org/details/1001Inventions_966

Chapter 1: Home

On the Coffee Trail ·
Clocks
Trick Devices

Chapter 4: Hospital

Teaching hospitals
Blood circulation

Chapter 2: School

House of wisdom
The Professor's chair
Story Corner

Chapter 6: World

Planet earth
Natural phenomena

REVIVING SUNNAH ON CAMPUS

1. No more than **4 members** in a group may register in this competition.
 2. Each team can register a maximum of **1 group**.
 3. Only one presentation is to be submitted by the whole group. The presentation may be in any form including but not limited to multimedia presentation, skit, poem or short film.
 4. The submission should not already have been presented in public before.
 5. No entry should exceed **7 minutes**.
 6. In case the presentation is in digital form, it should mention the institute and the team name at some point of time.
 7. The basic aim of this competition is to bring the youth closer to the path of the Prophet (sallallaahu alaihi wasallam), encouraging them to research the ways given in the Sunnah of the Prophet (sallallaahu alaihi wasallam) in order to deal with the commonly encountered situations by students in their schools or universities. Examples of the type of presentations include but are not limited to:
 - a. Picking a commonly encountered situation in schools or universities or even society in general and presenting how it may be handled in the light of the Sunnah, giving **references from the relevant sources**.
 - b. Picking a profession and presenting how it may be used for the benefit of the Muslims with **practical examples** as to how it may be done bringing about a much greater benefit than simply earning money.
 8. This competition is not to create 'How/What the Prophet (S) would have done in a certain situation' but to highlight **what Islam already says** about a certain matter and how to implement it.
 9. The entries must be emailed **two weeks prior** to the event, i.e. 24th January.
 10. The resources used may include but are not limited to the Quran, Tafsir Ibn Kathir, Riyadh us Saliheen, Sahih Bukhari, Sahih Muslim, Sunan Abi Dawud and Muwatta Malik.
- Please visit the following websites for free resources:
- <http://www.searchtruth.com/>
- <http://kalamullah.com/>
- <http://corpus.quran.com/>
- <http://sunnah.com/>
11. All resources used must have **reference** given along with them.

TAJWEED

1. No more than **1 performance** will be allowed per team (1 brother and/or 1 sister).
2. There will be **separate competitions** for brothers and sisters. The sisters' competitions will only be open to sisters while the brothers' competitions will be open for all.
3. No more than **4 minutes** will be allowed for each performance. Exceeding the time limit will result in deduction of points.
4. Extra points will be awarded for original recitation styles if they do not violate basic tajweed rules. However, the participants may copy the style of another Qari.
5. No copies of the Qur'an will be provided by the SIST organizing committee. Participants requiring a copy of the Qur'an will have to bring their own copies along with them.
6. The winner of the brother's tajweed competition will be requested to recite in the closing ceremony on Day 2 of the event.

CRITERIA	POINTS
RELEVANCE of the topic chosen for the presentation	/10
CONTENT Strength: References Incidents Examples	/40
ORGANISATION	/10
DELIVERY Verbal Interaction with the audience Effectiveness	/30
TIMING	/10
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

TAJWEED JUDGING BALLOT

CRITERIA	POINTS
Al-Waqfwal-Ibtida	/20
Makharij al-Huroof&Harakaat	/20
Rules of Meem & Nun: Ghunan	/10
Rules of Madd	/10
Idgham	/5
Hams & Jahr	/10
Qalqala	/5
Adaa	/10
Originality of Style	/10
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____



Category 3: Articulation & Writing

COMPETITION GUIDELINES

SIST DEBATES

1. No more than **1 student** may participate from each team.
2. Debates will be held in English language only.
3. The resources used in order to argue one's case may include but are not limited to the Quran, Tafsir Ibn Kathir, Riyadh us Saliheen, Sahih Bukhari, Sahih Muslim, Sunan Abi Dawud and Muwatta Malik. Please visit the following websites for free resources:
<http://www.searchtruth.com/>
<http://kalamullah.com/>
<http://corpus.quran.com/>
<http://sunnah.com/>
4. The debate topics for each participant will be uploaded on the website a week prior to the competition.
5. The competition will consist of two rounds. Round 1 – Line of Argument – and Round 2 – Questions and Answers.
6. In Round 1, each participant gets a total of 3 minutes to present his or her main argument. There shall be no rebuttals and no interaction with the audience. Only the moderator is allowed to ask for clarifications.
7. In Round 2, each participant must answer a minimum of one, and a maximum of two questions. The questions may be asked by the audience, chairperson or the judges. In case of failure to answer the question satisfactorily, the question will then be passed on to the opponent – who may respond accordingly.
8. Although points shall not be deducted for the use of flash cards or short notes, participants should not read their notes; they may refer to them as needed.
9. Once the competition has begun, if a contestant is unable to participate and another team member replaces him or her, the judges will award the team in question the lowest possible score in the marking ballot, regardless of the quality of the debate.



Category 3: Articulation & Writing

COMPETITION GUIDELINES

ON-THE-SPOT ESSAY WRITING

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is **NOT** a team effort. Each participant must submit a separate piece of work.
2. An essay may be written either in English or Urdu. English and Urdu essays will be judged **separately**.
3. The topics will not be announced prior to the day of the competition. Participants will be allowed to draw three topics on the day of the competition. The participant may then choose one topic from among the three.
4. Topics will be on basic Islamic subjects, general knowledge or current event topics, all directly or indirectly related to this year's theme.
5. Participants need not have an extensive knowledge of Islam to do well in this competition.
6. Participants **may bring their own laptops**.
7. No more than **one hour and fifteen minutes** will be allowed to type or write an essay on the topic.
8. In case any reference is used, the participant **must cite the reference**. Failure to do so may result in deduction of points.
9. Articles will be judged on how persuasive and interesting they are, along with flow, language and spelling/grammar.
10. There will be no maximum or minimum word limit. However, articles which are long and do not keep the reader engaged may not score very high marks.
11. The winning articles will also be published on the online SSS blog.

POETRY

ENGLISH – SPOKEN WORD

1. No more than **2 participants per team** will be allowed to register for this competition.
2. Your piece of poetry must be related to the SIST theme. This year's theme is: **UNITED WE BOW – WHAT BINDS US IS STRONGER THAN WHAT DIVIDES US.**
3. A total of five minutes will be granted to each participant for his or her performance.
4. Use of musical instruments is not permitted.
5. At the beginning of the event, each participant must submit **two hard copies** of his or her Spoken Word piece to the Event Moderator.

URDU – BAIT BAZI

1. No more than **2 participants per team** will be allowed to register for this competition.
2. Participants may recite verses only from Iqbal's Urdu poetry.
3. At the beginning of the event, the Event Moderator shall recite a chosen verse. The first participant shall then recite a verse beginning with the last letter of the preceding verse. And so on.
4. The sequence of participants shall be at the Event Moderator's discretion.
5. Each participant shall have 60 seconds to come up with a verse.
6. Failure to come up with a verse will result in the loss of points.
7. Quoting a verse incorrectly will result in loss of points.
8. The Event Moderator will recite a new verse for the next participant in the sequence.
9. Failure to come up with a verse twice will result in elimination from the competition.
10. All participants shall behave with civility and propriety. The verses that are recited must not be impolite or indecent in any sense.
11. A judge's decision is final and cannot be challenged.

SIST JOURNALISM

1. No more than **2 participants per team** will be allowed to register for this competition. This competition is not a team effort; each participant must submit an individual piece of work.
2. At the beginning of the event, each participant shall be assigned a competition. Participants must attend and cover their respective competitions in a manner they believe is creative and engaging.
3. The word limit for each submitted article is 250 words.
4. Use of offensive or inappropriate language is not permitted.
5. The deadline for submitting articles shall be at the end of the day. For the deadline timings, refer to the SIST 2015 schedule available at the SIST website.
6. Participants shall submit a soft copy of their article in a flash drive to the event manager. Participants are advised to bring their own flash drives and laptops.
7. The top scoring articles will be published in the SIST newsletter which is distributed to the SIST participants and attendees.



JUDGING BALLOTS

SIST DEBATES

CRITERIA	POINTS
CONTENT Quality of argument	/30
STYLE Personal style Fluency of English Body Language Behavior towards opponents	/30
STRATEGY Covers all relevant aspects of the topic Does not deviate off course Well organized argument Time management	/30
ROUND 2 Response to questions	/10
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

ON-THE-SPOT ESSAY WRITING

CRITERIA	POINTS
TITLE	/10
WRITING STYLE Personal style Vocabulary Creativity Holds interest Well organized/rambling Relevant, beneficial content Logical/persuasive arguments	/50
WRITING SKILL Grammar Spelling Punctuation Sentence structure	/30
ACCURACY Errors of fact or omission Contradictory statements/inconsistencies Citations	/10
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

POETRY | ENGLISH - SPOKEN WORDS

CRITERIA	POINTS
CONTENT Quality of content No inappropriate content	/20
PERFORMANCE Engages the audience Body language Originality and creativity	/20
RELEVANCE TO THEME	/10
TOTAL POINTS	/50

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

POETRY | URDU - BAIT BAZI

CRITERIA	POINTS
Relevance of verse	/10
Content of verse	/10
Authenticity	/10
Adaab of reciting verses	/10
Quality of verses	/10
TOTAL POINTS	/50

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

SIST JOURNALISM

CRITERIA	POINTS
TITLE Engaging Creative Not long-winded	/10
WRITING STYLE Personal style Vocabulary Creativity Holds interest	/40
WRITING SKILL Grammar Spelling Punctuation Sentence structure	/20
OBJECTIVITY Distinguishes between fact and opinion	/10
ACCURACY Errors of fact or omission Contradictory statements/inconsistencies Free of bias Citations Precise dates and days	/20
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

Category 4: Miscellaneous

COMPETITION GUIDELINES | COMMUNITY SERVICE PROJECT

1. No more than **6 participants per team** will be allowed to register for this competition. This is a team effort. One submission per team is allowed.
2. Each team must choose one team member to be the **Director**.
3. Each team must **conduct** a Community Service Project that reflects the SIST theme and addresses at least one issue that afflicts a local community. Ideas include but are not restricted to:
 - a. Rising up to your responsibility – fighting poverty
 - b. Fight for literacy – fight for the future
 - c. Clean and green Pakistan
4. Each team will give a **multimedia presentation** depicting their community service project.
5. Each presentation shall be allotted a maximum of **5 – 7 minutes**.
6. Include your **team name** at the beginning of the multimedia presentation.
7. Two weeks before the competition, each team must **email a summary** of their project to the Event managers for approval – approximately 250 words.
8. At the beginning of the event, teams must submit two hard copies of their project summary to the Event Managers/Moderators.
9. The multimedia presentation must include the following:
 - a. Project title and team name.
 - b. Executive summary – summary of project, outcomes, and issues faced
 - c. Overview of the project.
 - d. Purpose – state each goal your team has in mind. What hindrances are there in your community towards these goals?
 - e. Procedure – how do you plan to reach these goals? List all the steps you think are necessary to reach these goals. Who will be involved and in what ways?
 - f. Data – who took part in the project? What did they do?
 - g. Conclusion – how did the actual project differ from your plans? What were some obstacles you faced? How did you attempt to overcome them?
 - h. Discussion – how was the project integral to Islam and Muslims? How does it relate to the SIST theme? What are some ways in which you'd like to expand your project in the future?

10. Think outside the box and come up with original ideas. Try to include plenty of pictures and limit the amount of text in your presentation. Explain/discuss the presentation, don't read it.

11. By entering this competition, you are giving the SIST organizing committee authority to display your work on their websites and promotional materials – electronic or otherwise.

FUTSAL – BROTHERS ONLY

1. The minimum number of players required to begin a match is 5 – including the goalkeeper; the minimum number of players required to finish a match is 3; there is no limit to the number of substitutions.

2. A maximum of 9 teams will be registered in this competition. The registration will be on first come first serve basis.

3. A match comprises of two 15 minutes halves. The timer will be stopped while the ball is out of play. The time shall only be extended for penalty kicks.

4. One time-out per team will be allowed in each half. There shall be no time-outs during extra time.

4. Half time shall be for a maximum of ten minutes.

5. In case of expulsion:

a. The expelled player may be substituted by another player after two minutes of game time or after the opposing team scores – whichever comes first. The timekeeper or assistance referee will keep track of the 2 minutes.

b. The referee must consent and the ball must be out of play before the substitute can enter the game.

6. Once a team has accumulated 5 fouls in a half, the 6th foul will result in:

a. Disallowance of forming a defensive wall,

b. Disallowance of taking indirect free kicks – direct free kicks only,

c. Awarding of a direct free kick to the opposing team in the event of committing an infringement within 12 meters. The free kick will be taken from the point of infringement or the second penalty spot.

d. Awarding of a direct free kick to the opposing team in the event of committing an infringement from 12 meters or beyond. The free kick will be taken from the second penalty spot.

TABLE TENNIS - SISTERS ONLY

1. One participant per team may register for this competition.
2. Best of three matches wins.
3. 11 points are required to win a match.
4. In case of a deuce, a two point margin will be required to win the match.

BUSINESS IDEAS

1. Participants will register as teams with **minimum 2 and maximum 5 participants**.
2. One submission per team is allowed.
3. The competition will consist of a written business venture outline and a presentation of **5-7 minutes**.
4. All teams must submit 2 copies of a typed business venture outline on the day of the tournament. It should include visual aid, such as pictures, graphs, charts etc.
5. The **outline** should consist of a description of your project, marketing analysis, marketing plan and financing plan.
6. The presentation on the day of the event must not take more than 7 minutes. It should include product samples, pictures or other visual aids (e.g. power point, display board etc).
7. All teams will ensure to the judges that the business idea put forward is **RIBA/INTEREST FREE**.
8. The ideas must be original and innovative.
9. The presentations will be followed by a brief question and answer session.

APP DESIGNING

1. No **more than 1 member** may participate from each team.
2. Participants will have **5 minutes** to present their app to the judges.
3. Participants may use any online library or SDK but must create their own design templates.
4. Projects that are relevant to this year's theme will be given bonus points.
5. Participants must submit their projects via USB or CD – all files, images, and style sheets. All images must be in .gif, tiff or jpg format.
6. App must be usable either on mobile devices or on a computer via SDK.
7. Internet services will not be available for the participants'.
8. No queries will be entertained during the competition. If you are unable to understand anything regarding the rule, please contact your Team Manager before the day of the competition.
9. At the beginning of the competition, participants must submit a typed **explanation** of their app, containing the following:
 - a. Explanation of the content
 - b. Its relevance to the theme
 - c. Inspiration behind the app
 - d. Development tools used
10. The explanation must not exceed a **1000 words**.



JUDGING BALLOTS

COMMUNITY SERVICE PROJECT

CRITERIA	POINTS
PROJECT Addresses a relevant issue Effort put into project Relates to Islam and Muslims Creative, innovative Goals are clearly stated and understood Addresses a relevant issue	/70
PRESENTATION Presenter's skill Time management Well organized Well designed Engages the audience, not long winded/tedious	/30
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/__/2015

Judged by: _____

COMING SOON
IN SHA ALLAH

APP DESIGNING

CRITERIA	POINTS
PROJECT App is fully functional, all graphics display More than one feature of the mobile is used – e.g. GPS, Bluetooth User friendly Creative and original idea Appealing and well designed – sufficient text, content and graphics Consistent design and feel No spelling, punctuation or grammatical errors Relevant to the theme Effort put into project Relates to Islam and Muslims Creative, innovative Goals are clearly stated and understood	/70
PRESENTATION Presenter's skill Time management Engages the audience, not long winded/tedious	/30
TOTAL POINTS	/100

Team Name: _____

Participant's Name: _____

Date: __/2/2015

Judged by: _____

CONTACT US

CALL US!

For Brothers
0335 5747744, 0334 5293287
For Sisters
0313 8117717

Contact Shifa Student Society
Mujtaba Shahbaz

President Shifa Student Society
0334 5106820

Imad ud Din
Vice President
Shifa Student Society
0334 5293287

Abdul Ahad
Finance Manager
0300 9709796

Visit our website

<http://www.shifastudentsociety.com>

Email us at

scmconference@gmail.com

Visit our Facebook page

<https://www.facebook.com/shifastudentsociety>

Or come visit us at Shifa College of Medicine,
Pitras Bukhari Road, H-8/4, Islamabad